

ROUVY Digital Races

1. Installation

- 1.1. PC Windows 10 Download
- 1.2. Apple Mac MacOS 10.12+ Download
- 1.3. AppleTV box 4th Generation and newer AppStore
- 1.4. iPhone, iPad iOs 10+ AppStore
- 1.5. Android (phones & tablets) Android OS 5+ Google Play

2. First steps

- 2.1. Create an account via https://my.rouvy.com/en/signup
- 2.2. Open and log in to the **ROUVY app**
- 2.3. Click on your username to customize your Avatar or to change your personal settings
- 2.4. Enter your real name, surname and bike club

3. Trainer & Connection

- 3.1. GO to Connect Trainer
- 3.2. For **Power Source** choose your trainer and connect all available sensors (hange and connect your other sensors (HRM, Cadence)
- 3.3. The trainer must be connect as "Controllable"
- 3.4. AppleTV allows to connect only 2 sensors
- 3.5. In case of any issue please restart your device

4. How to login to the Online race

- 4.1. Only smart trainer allowed
- 4.2. Registration here https://my.rouvy.com/onlinerace or directly in the ROUVY AR
- 4.3. On-line race available in section Online Race Route Online Race
- 4.4. Change the filter to < My races > and choose the race
- 4.5. !!Important !!The video of the route must be downloaded before the start of race

4.6. Feel free to enter the race 90 minutes before the **Warm up**

5. Internet connection

- 5.1. An **ethernet cable** is more stable than the Wifi connection
- 5.2. The internet speed should be **20Mbps** or higher

6. Important contacts

6.1. Technical supprt

Petr Kocourek

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6.2. Race coordinators

Eliška Harantová e-mail: <u>eliska.harantova@rouvy.com</u> Petr Müller e-mail: <u>petr.muller@rouvy.com</u> **Download video**

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